



TIKIDA  
PALACE SPA  
AGADIR



## PRACTICAL INFORMATION

### *Appointments*

We recommend booking well in advance.

From your room: 8046 / 8047

From outside:

+212 (0)5 28 38 85 32

receptionsatpa@gmail.com

All cancellations must be notified at least 24 hours in advance.

### *Health & Comfort*

Please inform us of any health issues or if you are pregnant, as some of our treatments may not be suitable for you.

### *Arrival Time*

To ensure a smooth experience, we recommend arriving at the spa reception 10 minutes before your appointment to fully enjoy our services. Late arrivals will result in a reduced treatment time.

### *Dress Code*

Changing rooms with bathrobes, towels, and sandals are available for your use. Wearing a swimsuit and sandals is mandatory.

### *Spa Environment*

We appreciate your cooperation in maintaining a calm and serene atmosphere within the spa. The use of mobile phones is prohibited.

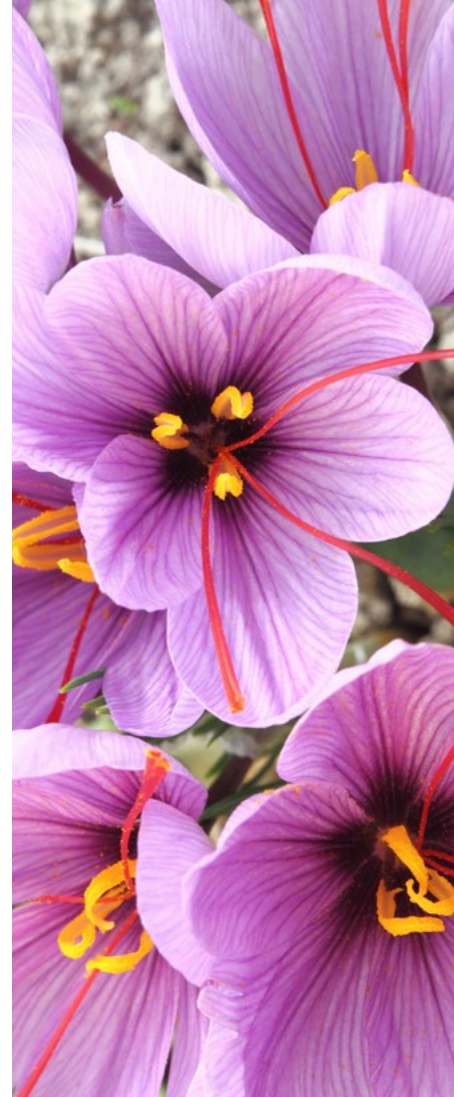
### *Lockers*

You may store your personal belongings in the provided key lockers. For security reasons, valuable items should be placed in your room's safe.

### *Payments*

Please settle your bill at the spa reception before your treatment, either by card (Visa or Mastercard) or in cash (dirhams).

All our prices are in Moroccan dirhams.





### *Luxury, Indulgence & Well-Being*

The TIKIDA PALACE SPA AGADIR invites you to discover treatments that blend modern techniques with the ancestral beauty rituals of Morocco and the Orient.

Each treatment, each moment, and each flicker of candlelight immerses you in a magical world where time seems to stand still, offering you a multisensory experience synonymous with serenity and fulfillment.

All treatments can be enjoyed as a Duo.

## TRADITIONAL TREATMENTS

### SIMPLE HAMMAM

20 minutes **100 DH**

### HAMMAM WITH BLACK SOAP SCRUB

30 minutes **300 DH**

### BODY WRAP OF YOUR CHOICE

20 minutes **150 DH**

### SUGAR & HONEY BODY SCRUB

30 minutes **250 DH**

### ORIENTAL HAMMAM

50 minutes **550 DH**

Hammam

Black soap scrub

Oriental ghassoul body wrap

Hydrating honey face mask

Floral water hydration



### LUXURY ORIENTAL HAMMAM

80 minutes **750 DH**

Hamam followed by the application of a soap infused with organic oils and warming plants

Nourishing body scrub with argan oil and vitamin E

Targeted foot exfoliation for soft, rejuvenated skin

Body massage with a blend of oils and vitamins with sun-kissed fragrances





### HONEY EXFOLIATING SOFTNESS

*50 minutes* **550 DH**

Relaxation in the hammam  
Body scrub with sugar and honey  
Ghassoul and honey body wrap  
Nourishing hydration with body milk



### EXOTIC SCRUB

*50 minutes* **650 DH**

A moment of relaxation in the hammam  
Revitalizing scrub with sugar and exotic fruits  
Targeted foot exfoliation  
Body massage with a natural body milk infused with exotic scents

A 15% discount will be granted on all duo treatments, except for packages, not combinable with promotions.



## TEMPLE OF MESSAGES

**ORIENTAL MASSAGE**    25 minutes **350 DH**  
50 minutes **650 DH**

Performed with argan oil, this massage promotes relaxation, toxin elimination, and skin hydration.

**ENERGIZING MASSAGE**    25 minutes **400 DH**  
50 minutes **700 DH**

A dynamic technique designed to revitalize the body and mind. With invigorating movements and deep pressure, this massage boosts blood circulation and relieves muscle tension.

**AYURVEDIC MASSAGE**    50 minutes **700 DH**

Characterized by a variety of movements, including pressure, friction, kneading, and deep strokes, this massage is performed with warm sesame oil to revitalize the body and restore energy.

**BALINESE MASSAGE**    50 minutes **700 DH**

This massage alternates between gentle and deep movements, incorporating pressure, stretching, kneading, and friction. Highly recommended for reducing stress and fatigue.

**PERSONALIZED MASSAGE**    25 minutes **350 DH**

Ideal for those seeking a 100% customized experience tailored to their needs and current state, this massage provides a well-being break perfectly adjusted to the body and mind's requirements.

### YOUR PERSONALIZED PROGRAM

Design your well-being program over several days and enjoy an experience of absolute relaxation!  
One 50-minute massage per day.

4 Days **2 660 DH**  
5 Days **3 290 DH**  
6 Days **3 900 DH**  
7 Days **4 210 DH**

Not combinable with the duo offer or any other promotion.



### **HOT STONE MASSAGE** *50 minutes* **700 DH**

A deep relaxation technique using volcanic basalt stones, heated to an ideal temperature (around 50°C), to diffuse soothing warmth throughout the body.

### **LYMPHATIC DRAINAGE** *50 minutes* **700 DH**

A gentle and rhythmic massage technique designed to stimulate lymph circulation and promote the elimination of toxins and waste from the body. It relies on slow, light, and repetitive movements applied along the lymphatic system's pathways to naturally boost immune defenses and detoxify the body.

### **FOOT REFLEXOLOGY** *60 minutes* **700 DH**

This massage targets the nervous system and activates the body's self-healing abilities. The practitioner applies rhythmic pressure to specific areas of the foot to release tension and restore overall balance.

## SPA PACKAGES

### *ORIENTAL ESCAPE - 3 SESSIONS - 2 990 DH*

Offrez à votre corps un programme ciblé alliant détox, fermeté et relaxation pour retrouver une silhouette harmonieuse.

#### SESSION 1 : DETOX & STIMULATION

Sea salt scrub: Deeply exfoliates the skin and eliminates toxins.

Lymphatic drainage: Activates circulation and reduces water retention.

#### SESSION 2 : DRAINAGE & FIRMING

Hammam or sauna: Promotes toxin elimination.

Detoxifying and firming body wrap: Nourishes the skin and enhances tone.

Slimming massage: Targets localized fat and improves blood circulation.

#### SESSION 3 : RELAXATION & WELL-BEING

Steam room: Relaxes muscles and purifies the skin.

80' relaxing massage: Releases tension, reduces stress, and promotes deep relaxation.

### *RELAXATION & HARMONY CURE*

#### *Tailor-Made Well-Being*

**3 DAYS - 3 480 DH**

**4 DAYS - 4 500 DH**

**5 DAYS - 5 500 DH**

Give your body a targeted program combining detox, firming, and relaxation to achieve a harmonious silhouette.

Create your own treatment program!

Each day, choose 4 treatments from our selection for a personalized experience tailored to your desires and needs. Enjoy a unique moment of relaxation and well-being.

One 50-minute treatment is equivalent to 2 regular treatments.

A supplement may apply for specific treatments.



## PREGNANCY PACK\*-1 490 DH

A Moment of Serenity for Expecting Mothers

Hydrating body wrap 25'

Nourishes and softens the skin while preventing dryness and stretch marks.

Prenatal massage 60'

Un massage doux et apaisant  
A gentle and soothing massage to relieve tension, back pain, and promote deep relaxation.

Hydra-Fortifying Facial 50'  
Formulated with organic products for intense hydration and a smooth, revitalized appearance.

\* Recommended from the 2<sup>nd</sup> trimester of pregnancy.



## SPA KIDS

*A brilliant idea to explore the world of well-being in a fun and indulgent way.*



### CHILDREN AGES 6 TO 12

Hamam & scrub 30'-150 DH  
*In the presence of a parent*

Gentle massage 25'- 250 DH

Facial treatment 30'- 350 DH  
«Little Face»

Mini manicure 20' - 90 DH

Mini pedicure 20' - 90 DH

Nail polish application 40 DH

French nail polish application 50 DH

Haircut 100 DH



## BODY TREATMENTS

### RELAXING BACK TREATMENT

*40 minutes - 500 DH*

Purifying scrub  
Mud wrap  
Relaxing massage

### TONED LEGS

*50 minutes - 600 DH*

Firming gels and creams  
Draining oils  
Scrub and hydration

### HEAD SPA

*25 minutes - 350 DH*

*50 minutes - 600 DH*

The ultimate experience for hair health  
Give your scalp a true renewal with our Head SPA, a professional technique with multiple benefits.

## OCEAN CALCIUM OR MAGNESIUM

*76 minutes - 880 DH*

### Calcium:

Recommended for individuals suffering from:

Joint & muscle pain – Joint stiffness  
Difficulty sleeping – Lack of skin firmness

### Magnesium :

Anxiety – Irritability – Fatigue

### HANAKASUMI

*60 minutes - 900 DH*

A unique protocol inspired by Japanese beauty rituals.  
Rice powder and cherry blossom scrub, followed by a body and foot massage.

### ORIENTAL CEREMONY

*60 minutes - 900 DH*

A revitalizing treatment inspired by Eastern traditions.

Ginger exfoliation, enriched with an amber-scented massage that leaves an unforgettable fragrance.

# BODY TREATMENTS



## FACIAL TREATMENTS

### ACTIVE EYE CONTOUR TREATMENT

*45 minutes - 500 DH*

Instantly reduces signs of fatigue and aging, providing an immediate refreshing effect.

### RADIANCE & FRESHNESS FACIAL

*60 minutes - 650 DH*

A complete treatment designed to revive the complexion's glow, deeply hydrate, and deliver an intense feeling of freshness.

### HYDRA-FORTIFYING TREATMENT

*60 minutes - 800 DH*

An anti-aging treatment with intense hydration for a smooth and revitalized appearance.

### SUPER LIFT

*60 minutes - 850 DH*

Our best-selling anti-aging treatment, designed to combat skin sagging.

### HYDRA FACIAL

*75 minutes - 950 DH*

Our signature treatment: Intense hydration and firming effect for deeply purified and toned skin.

# FACIAL TREATMENTS





## BEAUTY FINISHING TOUCHES

### MANICURE - PEDICURE

|                                   |               |
|-----------------------------------|---------------|
| Manicure                          | <b>150 DH</b> |
| Pedicure                          | <b>200 DH</b> |
| Nail polish application           | <b>50 DH</b>  |
| French nail polish application    | <b>70 DH</b>  |
| Permanent nail polish application | <b>250 DH</b> |
| Oriental hand treatment           | <b>100 DH</b> |
| Oriental foot treatment           | <b>150 DH</b> |
| Paraffin treatment                | <b>100 DH</b> |
| Semi-permanent polish removal     | <b>100 DH</b> |
| Gel removal                       | <b>150 DH</b> |

### HAIR REMOVAL

|                         |               |
|-------------------------|---------------|
| Eyebrows/Upper lip/Ears | <b>100 DH</b> |
| Nose/Chin               |               |
| Half-arm/Underarms      | <b>100 DH</b> |
| Bikini line             |               |
| Stomach                 | <b>100 DH</b> |
| Half-leg/Arms           | <b>120 DH</b> |
| Full legs               | <b>170 DH</b> |
| Brazilian bikini        | <b>200 DH</b> |
| Back                    | <b>200 DH</b> |
| Face package            | <b>500 DH</b> |



## HAIR SALON

|                              | Short      | Medium     | Long       |
|------------------------------|------------|------------|------------|
| Blow-dry                     | <b>120</b> | <b>170</b> | <b>220</b> |
| Coloring                     | <b>300</b> | <b>380</b> | <b>400</b> |
| Balayage                     | <b>500</b> | <b>550</b> | <b>680</b> |
| Highlights                   | <b>450</b> | <b>490</b> | <b>530</b> |
| Root bleaching               | <b>300</b> |            |            |
| Hair straightening           | <b>400</b> |            |            |
| Women's haircut              | <b>220</b> |            |            |
| Men's haircut                | <b>150</b> |            |            |
| Shaving                      | <b>100</b> |            |            |
| Hair drying                  | <b>100</b> |            |            |
| Styling                      | <b>200</b> |            |            |
| Oriental argan oil treatment | <b>200</b> |            |            |
| Nourishing treatment         | <b>200</b> |            |            |
| Repair treatment             | <b>250</b> |            |            |
| Specialized shampoo          | <b>50</b>  |            |            |
| Cream mask                   | <b>50</b>  |            |            |

*Prices in DH*



OPENING HOURS

10:00 AM – 1:00 PM & 3:00 PM – 8:00 PM

Tel: +212 (0)5 28 38 85 32 | [receptionsatpa@gmail.com](mailto:receptionsatpa@gmail.com)  
INFO & RESERVATION: 8046 | 8047

BP 901 - CHEMIN DES DUNES | 80 000 AGADIR

[www.tikidathalassospa.com](http://www.tikidathalassospa.com)

